

---

**EPISODE 4:**  
**Boxed In and Thinking**  
**Outside the Box**

**CHAPTER 1:**  
**Life Without Freedom**  
**for Children**

*Originally Aired:*  
*02/15/2020*

---



### **FOR DISCUSSION**

Why might children lose their freedom?



### **TERM TO KNOW—*Incarceration***

The state of being in prison or in confinement.



### **WRITING PROMPT**

Reflect on all of the images from this segment. What did you think was the most powerful one and why?

---

---

**EPISODE 4:**  
**Boxed In and Thinking  
Outside the Box**

**CHAPTER 2:**  
**Who Decides What  
Makes the News?**

*Originally Aired:*  
*02/15/2020*

---



### FOR DISCUSSION

What is the difference between journalist-curated news and ‘news’ on social media feeds?



### TERM TO KNOW—*Algorithm*

The calculations app developers or social media networks use to make decisions about what to post. The calculation is based on the user’s online history, and designed to provide the user with posts tailored to their likes, preferences, and online activity.

**[NOTE:** There are other applications of algorithms. This definition pertains to the segment, *Who Decides What Makes the News?*]



### ACTION ITEM

Consider the possibility that each of us might have customized news feeds on our social media/news apps.

Play around with your social media apps. Can you reconfigure your preferences? What happens if you change your likes?

---

**EPISODE 4:**  
**Boxed In and Thinking**  
**Outside the Box**

**CHAPTER 3:**  
**Simone Biles:**  
**A Profile in Strength**

*Originally Aired:*  
*02/15/2020*

---



### FOR DISCUSSION

How does Simone Biles stay strong, emotionally and physically?



### TERM TO KNOW—*Foster*

To invite a child into your family and home while they are waiting to be adopted.



### INVESTIGATIVE QUESTIONS

- Determine why Simone Biles is personally committed to supporting foster families.
- Why might a child be placed in foster care?
- How can foster parents play a critical role in such a child's life?
- What challenges might face children and parents in a foster family?

---

**EPISODE 4:**  
**Boxed In and Thinking**  
**Outside the Box**

**CHAPTER 4:**  
**Can Cigarettes**  
**Be Banned?**

*Originally Aired:*  
*02/15/2020*

---



### FOR DISCUSSION

Why aren't cigarettes illegal?



### TERM TO KNOW—*Disincentive*

A policy to discourage the use of a particular product and/or behavior.



### INVESTIGATIVE QUESTIONS

Investigate the extent of smoking bans in your area. What do the bans you have discovered attempt to do? Are they successful in achieving their goal?

Even if smoking is banned in certain settings in your state, investigate whether:

- Smoking is banned in public parks or beaches?
- Smoking is banned on sidewalks?
- Smoking is banned at outdoor dining facilities?
- Is smoking banned in small workplaces (with fewer than five employees)?
- If stores that sell tobacco products are banned in your state?

---

**EPISODE 4:**  
**Boxed In and Thinking**  
**Outside the Box**

**CHAPTER 5:**  
**One Boy's Mission to**  
**End 'Period Poverty'**

*Originally Aired:*  
*02/15/2020*

---



### FOR DISCUSSION

Why don't all females around the world have equal access to menstrual products?



### TERM TO KNOW—*Period Poverty*

When women and teens do not have access to safe, clean, and affordable menstruation products. This can cause menstruating females to miss school or other areas of their lives and can be a shaming experience.



### INVESTIGATIVE QUESTIONS

Investigate the activism of groups like [period.org](https://www.period.org/) or [femstrate](https://www.femstrate.com/). Have actions been taken in your school or community to help teenage and adult women access the menstrual products they need?

- Think about: availability in public restrooms, what about people who are homeless or in jail—what's available to them?