

5 COMPETENCIES OF SOCIAL AND EMOTIONAL LEARNING

Self-**Awareness** (understand/ manage emotions)

Self-Management (set and achieve positive goals)

Responsible **Decision-**Making

Social Awareness (feel empathy

for others)

Relationship Skills (make and positive

relationships)

Ferguson's

Ferguson's Career Guidance Center is an award-winning reference database for lifelong career exploration and planning. It offers a wealth of resources for users to assess their career goals and interests, plan their education, learn workplace skills, find apprenticeships and internships, conduct a job search, and much more.

TARGETED/SUBJECT



Workplace Skills videos, articles on building confidence at work, body language advice



Career Assessment Tool, Find a Career Path, Education Planning (growth mindset)



Workplace Skills: "Decision Making" "6 Things to Ask Before Making a

Decision at

Work" (blog)



Workplace Skills video: Collaboration in the Workplace



This multidisciplinary video subscription provides unlimited access to thousands of videos for ALL departments, including a wealth of titles on information and digital literacy, critical-thinking skills, and more.

CROSS-CURRICULAR



Extensive video content on building self-awareness in life and work



Goal Setting and Action Planning



Decision-Making Strategies

Decision-Making in Groups



The Power of Empathy



Communication & Collaboration series



Health Reference Center An essential medical resource that serves both the reference and practical needs of your students, Health Reference Center includes comprehensive, in-depth coverage of body systems, current health issues, major diseases and conditions, treatments, and procedures, as well as health and nutrition information specific to men, women, children, teens, and





Teens' Healthy Keep Your Anxiety and



Choices video: Stress in Check



Teens' Healthy Choices video: Understanding Transgendered People



Teen's Health Center: Family Life and Relationships (maintaining a healthy family life and relationships)



Issues & Controversies Issues & Controversies' timely, balanced, and unbiased articles on today's hot topics help students and researchers understand, analyze, and debate issues and the pros and cons of each side. This resource is ideal for persuasive writing assignments, mock debates, and improving criticalthinking skills, plus it offers a variety of engaging content, including articles, infographics, NPR podcasts, Oxford-style debate videos, court cases, stats, discussion questions, and much more.

TARGETED / SUBJECT



Educator Tools: Exploring Point of View (tips to critical thinker)



In-depth

coverage of the Black Lives Matter movement, mental health, addiction and body image issues, and LGBTQ+ issues



Infobase

Professional Development & Training Solution Infobase Learning Cloud: Professional Development and Training Solution features an on-demand teaching and learning platform offering professional development, training, and information literacy solutions for academic institutions. Students, faculty, and staff will benefit from the self-paced, customizable modules, comprehensive educational content, and secure digital tools specifically tailored for your institution. Infobase Learning Cloud offers the content, tools, and training all members of your institution need to advance in all facets of life.

PROFESSIONAL DEVELOPMENT / TRAINING



Developing Self-Aware Students Emotional

Well-being and Stress Reduction



Unlocking Potential: The Impact of Mindset on Success

Critical Thinking Goal Setting



Social-Emotional Learning Essentials Responsible

Decision-Making Data Driven Decision-Makina: An Introduction



Connecting Through Vulnerability



Relationships Navigating Relational Conflict

Increase Student Success with Social & Emotional Learning



Contact us today to find out how Infobase can help with your Social & Emotional Learning instruction initiatives.

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